

Step Description

Ski Bumpus

Starter Series Level - 2

One Wall Line Dance / Great when done in Contra Lines

Choreographer: Linda De Ford (USA) 1989

Music: Medium to fast four four time rhythm.

Starting position can be in lines facing the music or, preferably in contra- position (in lines facing one another with dancers passing through the opposite line in section 3).

TOE TOUCHES

1-4 Right toe touch out to right, close together, left toe touch out to left, close

5-8 Repeat 1-4

KICK-BALL-CHANGES, STEP PIVOTS

9-12 Kick ball change, twice (1)

13-14 Step forward on the right foot and pivot half a turn to the left (2)

15-18 Kick ball change, twice

19-20 Step forward on the right foot and pivot half a turn to the left

RIGHT SHUFFLE, LEFT SHUFFLE, STEP PIVOT

21-24 Forward on right shuffle and left shuffle (3)

25-26 Step forward on the right foot and pivot half a turn to the left

27-30 Forward On right shuffle and left shuffle

31-32 Step forward on the right foot and pivot half a turn to the left

BOX STEP X 2

33-36 Box step (4)

37-40 Box step (4)

Start over again!

Notes:

(1) Kick ball change

Kick the right foot forward then step on it next to the left and quickly transfer the weight on to the left again. (One beat for the kick, two halves for the steps).

(2) Pivot

During this turn the feet stay firmly anchored to the floor and you pivot round on the ball of each foot. Allow one beat for the turn. In a half pivot you turn 180 degrees.

(3) Shuffle:

Left shuffle is a small step forward on the left, bring the right instep up to the left heel and a small step forward on the left. Timing is '1,2 and' or 'left shuffle'. three steps in two beats. Opposite feet for a right shuffle.

(4) Box step:

Step left with the right foot (crossing in front of the left), back on the left, to the right on the right and close the left to the right (often with a stomp).

