

Step Descriptions

Rockin' Cha

Low Impact / Starter

32 Count 1 Wall "**Starter**" Line Dance (Newbies do this to any Cha Cha dance called)
Choreographed 9/02 by Jo Thompson & Rita Thompson

Music: "Wanna Make You Mine - Shadows In The Night - Steppin' Stone" by Scooter Lee

ROCK FORWARD, RECOVER, BACK CHA, ROCK BACK, RECOVER, FORWARD CHA, REPEAT

- 1-2 Rock forward with Left foot (1), Replace weight back to Right foot (2).
- 3&4 Step back with Left foot (3), Step together with Right foot (&), Step back with Left foot (4).
- 5-6 Rock back with Right foot (5), Replace weight forward to Left foot (6).
- 7&8 Step forward with Right foot (7), Step together with Left foot (&), Step forward with Right foot (8).
- 1-8 Repeat the above 8 counts.

DIAGONAL ROCKS WITH LEFT FOOT, HOLD, DIAGONAL ROCKS WITH RIGHT FOOT, HOLD

- 1-2 With body facing slightly Right, Rock Left foot forward across front of Right (1),
Replace weight back to Right foot (2).
- 3-4 Rock Left foot back to Left side (3), Replace weight forward to Right foot (4).
- 5-6 Rock Left foot forward across front of Right (5), Replace weight back to Right foot (6).
- 7-8 Step Left foot to Left side (7), Hold (8).
Note: As an option, clap hands twice on &8 as you hold. The above 8 counts can be called a "rocking chair".
- 1-2 With body facing slightly Left, Rock Right foot forward across front of Left (1),
Replace weight back to Left foot (2).
- 3-4 Rock Right foot back to Right side (3), Replace weight forward to Left foot (4).
- 5-6 Rock Right foot forward across front of Left (5), Replace weight back to Left foot (6).
- 7-8 Step Right foot to Right side (7), Hold (8).
Note: As an option, clap hands twice on &8 as you hold.

Start again from the beginning

