

Pray It Away * Step Description

32 Count 2 Wall Beginner WC Swing/EC Swing Line Dance BPM: 122 Intro: 32 counts

Choreographer: Jo Thompson Szymanski – 2012

Music: **Pray It Away** by Scooter Lee from the CD – Sing a New Song, Dance A New Dance

Download legally: www.iTunes.com www.amazon.com/mp3 www.cdbaby.com

To purchase the CD go to: www.ScooterLee.com or www.CDBaby.com or www.Amazon.com

Can be done as **1 Wall** Line Dance for **New Line Dancers**. See Note

1-8 SUGAR PUSH & BACK ROCK

1 – 2 Step R forward, Step L forward

3 – 4 Touch ball of R beside L, Step R back **slightly** R diagonal

5 – 6 Touch ball of L beside R, Step L back **slightly** L diagonal

7 – 8 Rock ball of R back, Recover weight forward to L

9-16 SUGAR PUSH & BACK ROCK (REPEAT OF 1-8)

1 – 2 Step R forward, Step L forward

3 – 4 Touch ball of R beside L, Step R back **slightly** R diagonal

5 – 6 Touch ball of L beside R, Step L back **slightly** L diagonal

7 – 8 Rock ball of R back, Recover weight forward to L

17-24 STOMP, HOLD, ¼ TURN L, HOLD, STOMP, HOLD, ¼ TURN L, HOLD

1 – 2 Stomp (or step) R forward (Arms go out palms down), Hold

3 – 4 Turn ¼ left shift weight to L, Hold

5 – 6 Stomp (or step) R forward (Arms go out palms down), Hold

7 – 8 Turn ¼ left shift weight to L, Hold

Note: *For a 1-wall version of this dance substitute the following instead of the ¼ turns.*

1 – 2 Stomp R forward, do not shift weight to it (Arms go out palms down), Hold

3 – 4 Step R to right, Hold

5 – 6 Stomp L forward, do not shift weight to it (Arms go out palms down), Hold

7 – 8 Step L to left, Hold

Note: The above 8 count variation does **not** move forward.

25-32 SAILOR STEP 4 TIMES R, L, R, L

1 & 2 Step R behind L, Step L to left, Step R in place (slightly forward)

3 & 4 Step L behind R, Step R to right, Step L in place (slightly forward)

5 – 8 Repeat above 4 counts.

Easy option: *Instead of the Sailor Steps do 4 triple steps in place.*

Start again from the beginning.

