

# Ooh Poo Pah Do \* Step Description

48 Count 2 Wall High Beginner Line Dance - Choreographer: Violet Ray USA

Music: Ooh Poo Pah Do by Taj Mahal - Download Legally at iTunes.com or Amazon.com/MP3

Practice Music: Scooter Lee's Dancing In The Street on Best Of Scooter Lee



Begin the dance on the word "doo"

## **SIDE ROCK, RECOVER, SAILOR STEP (2X), KICK BALL STEP**

1-2 Rock right foot out to right side, recover on left foot

3&4 Cross right foot behind left foot, step ball of left foot to left side, step right foot to right side

5&6 Cross left foot behind right foot, step ball of right foot to right side, step left foot to left side

7&8 Kick right foot forward, step ball of right foot next to left foot, step left foot forward

## **TOE STRUTS FORWARD (3X), KICK BALL CROSS**

1-2 Touch ball of right foot forward, press right heel down

3-4 Touch ball of left foot forward, press left heel down

5-6 Touch ball of right foot forward, press right heel down

7&8 Kick left foot forward, step left foot next to right foot, cross right foot over left foot

## **UNWIND ½ LEFT WITH SHOULDER SHRUGS, COASTER STEP**

1-6 Slowly unwind ½ to left on balls of both feet for 6 counts and at same time, shrug shoulders 6 times, ending with weight on right foot (6:00)

Styling: hold arms down and out to sides with palms down

7&8 Step left foot back, step right foot next to left foot, step left foot forward

## **LOCK STEPS FORWARD RIGHT & LEFT**

1-2 Step right foot forward diagonally right, cross left foot behind right foot

3&4 Step right foot forward diagonally right, cross left foot behind right foot, step right foot forward diagonally right

5-6 Step left foot forward diagonally left, cross right foot behind left foot

7&8 Step left foot forward diagonally left, cross right foot behind left foot, step left foot forward diagonally left

## **ROCK, RECOVER, ½ TRIPLE TURN, ¼ PIVOT TURN, ¼ PIVOT TURN**

1-2 Rock forward on right foot, recover on left foot

3&4 Execute triple step while turning ½ right (right, left, right) (12:00)

5-6 Step left foot forward, pivot turn ¼ to right ending with weight on right foot (3:00)

7-8 Step left foot forward, pivot turn ¼ to right ending with weight on right foot (6:00)

## **ROCK, RECOVER, ½ TRIPLE TURN, ¼ PIVOT TURN, ¼ PIVOT TURN**

1-2 Rock forward on left foot, recover on right foot

3&4 Execute triple step while turning ½ to left (left, right, left) (12:00)

5-6 Step right foot forward, pivot turn ¼ to left ending with weight on left foot (9:00)

7-8 Step right foot forward, pivot turn ¼ to left ending with weight on left foot (6:00)