

Louisiana Hot Sauce * Step Description

32 Count 2 Wall Intermediate Line Dance

Choreographed by Joanne Brady, Gordon Elliott, Max Perry, Jo Thompson

Music: He's My Little Jalapeno on More Of The Best of Scooter Lee

HEEL STRUTS, HEEL DROPS

- 1& L heel forward; drop L toe
- 2& Drop L heel to the floor twice shifting weight to L foot
- 3& R heel forward; drop R toe
- 4& Drop R heel to the floor twice shifting weight to R foot

CROSS, UNWIND ½ TURN R, HEEL TWISTS, CLAP

- 5 Cross L over R, placing ball of L foot on floor
- 6 Unwind by turning R ½ and shifting weight to L foot with feet part
- 7&8 With weight on balls of both feet twist heels R, L, R
- & Clap hands

CAJUN JOGS FORWARD & CLAP

- 1&2 With weight mainly on balls of feet, step forward L, R, L
- & Lift R knee & hop on L foot, optional clap
- 3&4 With weight mainly on balls of feet step forward R, L, R
- & Lift L knee and hop on R foot, optional clap

BACK SKIPS & FORWARD STOMP, HOLD

- 5 Step back L crossing slightly behind R
- & Hop on L foot lifting R knee
- 6 Step R back crossing slightly behind L
- & Rock back on ball of L foot
- 7 Stomp R to R forward diagonal bending R knee with weight over R foot
(Optional: Arms out to sides, palms down on count 7)
- 8 Hold

CROSS ROCKS, FULL PADDLE TURN L, CROSS ROCKS & FULL PADDLE TURN R

- 1& Rock L foot across front of R (1), Replace weight back to R (&).
- 2 Small step L to L side
- 3& Rock R foot across front of L (3), Replace weight back to L (&).
- 4 Small step R to R side
- 5& Rock L foot across front of R (5), Replace weight back to R (&).
- 6 Small step L to L side turning 1/4 L starting a L paddle turn
- & Continuing L paddle turn with R foot slightly behind L, step on ball of R foot
- 7 Replace weight to L foot continuing L turn
- & Continuing L paddle turn with R foot slightly behind L, step on ball of R foot
- 8 Replace weight to L foot completing paddle turn.
(You are now facing the same wall you were when you did the cross rocks)
- 1-8 Repeat above 8 counts starting with R foot and turning R.

Start again from beginning.

