

“Bottle This Up” Step Description

32 Count 4 Wall High Beginner – Level 2 Line Dance (Soft shoe style)
Choreographer: by Jo Thompson / Rita Thompson (Starters will do Mini Cab Driver)
Music: “If I Could Bottle This Up” by Scooter Lee / Test Of Time CD - BPM 106



VINE RIGHT, POINT, STEP, POINT, STEP, POINT

- 1-2 Step Right foot to Right side (1), Step Left foot crossed behind Right (2)
- 3-4 Step Right foot to Right side (3), Point Left toe across in front of Right (4)
- 5-6 Step Left foot to Left side (5), Point Right toe across in front of Left (6)
- 7-8 Step Right foot to Right side (7), Point Left toe across in front of Right (8)

Option: To add the “soft shoe basic” styling to the above 8 counts, substitute the following:

- 1-2 Step Right foot to Right side (1), Step Left foot crossed behind Right (2)
- 3&4 Step Right foot to Right side (3), Rock ball of Left foot forward, slightly across front of Right (&), Replace weight back to Right foot (4)
- 5&6 Step Left foot to Left side (5), Rock ball of Right foot forward, slightly across front of Left (&), Replace weight back to Left foot (6)
- 7&8 Step Right foot to Right side (7), Rock ball of Left foot forward, slightly across front of Right (&), Replace weight back to Right foot (8)

VINE LEFT, POINT, STEP, POINT, STEP, POINT

- 1-2 Step Left foot to Left side (1), Step Right foot crossed behind Left (2)
- 3-4 Step Left foot to Left side (3), Point Right toe across in front of Left (4)
- 5-6 Step Right foot to Right side (5), Point Left toe across in front of Right (6)
- 7-8 Step Left foot to Left side (7), Point Right toe across in front of Left (8)

Option: To add the “soft shoe basic” styling to this 8 counts, do the same concept as above.

PADDLE TURN RIGHT 1/2, PADDLE TURN LEFT 3/4

Note: The next 4 counts will turn a total of 1/2 Right.

- 1 Step Right foot to Right side, turning Right toe out to the Right side (1)
 - &2 Rock on ball of Left foot to Left side (&), Turn slightly Right shifting weight to Right foot (2)
 - &3 Rock on ball of Left foot to Left side (&), Turn slightly Right shifting weight to Right foot (3)
 - &4 Rock on ball of Left foot to Left side (&), Turn slightly Right shifting weight to Right foot (4)
- You should have accomplished a total of 1/2 turn Right

Note: The next 4 counts will turn a total of 3/4 Left

- 5 Step Left foot to Left side, turning Left toe out to the Left side (5)
 - &6 Rock on ball of Right foot to Right side (&), Turn slightly Left shifting weight to Left foot (6)
 - &7 Rock on ball of Right foot to Right side (&), Turn slightly Left shifting weight to Left foot (7)
 - &8 Rock on ball of Right foot to Right side (&), Turn slightly Left shifting weight to Left foot (8)
- You should have accomplished a total of 3/4 turn Left.

Minimal Turn Version: Step in place Right (1), Left (2), Right (3), Hold (4), Step in place Left (5), Right (6), Left turning 1/4 Left (7), Hold (8)

ROCK, RECOVER, COASTER STEP, ROCK, RECOVER, COASTER STEP

- 1-2 Rock forward with Right foot (1), Recover weight back to Left foot (2)
- 3&4 Step back with Right foot (3), Step together with Left foot (&), Step forward with Right (4)
- 5-6 Rock forward with Left foot (5), Recover weight back to Right foot (6)
- 7&8 Step back with Left foot (7), Step together with Right foot (&), Step forward with Left (8)

Start again from the beginning.