

## Dizzy \* Step Description

Description: 32 Count 4 Wall Easy Intermediate Line Dance

Choreographer: J o Thompson Szymanski- Highlands Ranch, CO

Music Suggestion: "Dizzy" on "The Best Of Scooter Lee" CD (start with the lyrics)

Count                      Steps

### **Rock, Step, Coaster Step, Step, 1/2 Turn, Step, 1/2 Turn**

1-2 Rock forward with R (1), Replace weight back to L foot (2)

3&4 Step back with R (3), Step together with L (&), Step forward with R (4)

5-6 Step forward with L (5), Turn 1/2 R shifting weight forward to R foot (6)

7-8 Step forward with L (7), Turn 1/2 R shifting weight forward to R foot (8)

### **Cross, Side, Sailor Shuffle, Cross, Side, Sailor Shuffle**

1-2 Step L across in front of R (1), Step R to R side (2)

3&4 With body facing slightly L, Step L behind R (3), Rock to R side with ball of R foot (&),  
Step slightly forward with L (4)

5-6 Step R across in front of L (5), Step L to L side (6)

7-8 With body facing slightly R, Step R behind L (7), Rock to L side with ball of L foot (&),  
Step slightly forward with R (8)

### **Cross, Side, Back Shuffle, Rock Back, 360° L Turn Forward**

1-2 Step L across in front of R (1), Step R to R side turning 1/4 L (2)

3&4 Step back with L (3), Step together with R (&), Step forward with L (4)

5 Rock back with R foot allowing body to Turn slightly R to prep for upcoming turn

6 Replace weight forward to L foot, starting to turn L 1/2

7 After completing 1/2 L on L foot, step back with R, continuing to turn L

8 After completing 1/2 L on R foot, step forward with L, you will have done one full turn forward

### **Shuffle, Step, 1/2 Turn, Shuffle, Step, 1/2 Turn**

1&2 Step forward with R (1), Step together with L (&), Step forward with R (2)

3-4 Step forward with L (3), Turn 1/2 R shifting weight forward to L foot (4)

5&6 Step forward with L (5), Step together with R (&), Step forward with L (6)

7-8 Step forward with R (7), Turn 1/2 L shifting weight forward to L foot (8)